



During the summer of my graduating year from high school, I was able to participate in the AnnieRuth Foundation's summer internship experience which aligned with my career aspirations. Currently, I'm aspiring to be a clinical researcher and I was matched with Pareto Clinic to complete my internship experience.

While interning at Pareto Clinic under Dr. Lee and the medical staff, I learned a lot about the healthcare industry. A few research topics I focused on were lab tests, diseases, and insurance coverage. The most common lab tests that are done at Pareto are a Comprehensive metabolic panel (CMP), Complete Blood Count (CBC), Lipid Panel (LDL), Blood Glucose (A1C), Thyroid (TSH), HIV, HEP C, Syphilis (RPR), Vitamin D, and a Prostate Specific Antigen (PSA). I also learned about different diseases that are associated with each specific lab test. For instance, an A1C test could show you signs of diabetes. Lastly, I researched how often Medicare and Medicaid would cover these lab tests for patients.

Furthermore, by participating in the AnnieRuth Summer Internship Experience, I have gained invaluable insight into the medical field. It has provided me with a leg up that I will use to further my career endeavors. I am forever grateful for this experience.