



I am Jasmine Laguerre, a rising senior at Florida Virtual High School. My career aspiration is to become a child psychologist. Before my internship, I had received a BLS or Basic Life Support training and my certification. For my 2023 summer internship, I was matched with Pareto Clinic led by Dr. Kenyatta Lee. During my internship experience, I also attended virtual meetings hosted by the Black Nurses Association.

My internship experience at Pareto Clinic has been very rewarding. During my first two weeks, I had the opportunity to shadow patients, prepare for events, make phone calls, and was taught how to access the computer. I was given a quality improvement project where I was tasked with improving the system of screening data collection. The specific screening was focused on the social determinants of health which are external factors that could influence a person's health. As a result, I was able to be proactive whether it was interacting with patients, giving surveys, and learning about how referrals and order sets get processed. This experience has taught me not only about the benefits of interacting with patients but also taught me how to be part of a team in a workplace environment.

I also had the opportunity to interact with the staff and other interns as we got to do 'rounds' and debriefs in the morning and sometimes worked together on certain tasks. I learned that while it was important to be competitive in the medical field, it was even more important to be on the same page with your coworkers. The most important thing I learned during my time at Pareto Clinic was the importance of quality over quantity as it is important to care more about how well a job is done rather than how much you get from doing the task.

During my internship, I also attended virtual meetings by the First Coast Black Nurses Association and had gotten important information and tips on what courses to take for medical school, how to study properly for the MCATS, and what schools are looking for in a student.

I am grateful to the Annie Ruth Foundation for this wonderful opportunity!