

## Esinam Ekpeh



I aspire to be an Emergency Medicine Physician. For my internship experience I was placed at the Florida Training Academy (FTA) under the direction of Nurse Eunice Mathis. Additionally, I worked two days with Nephrologist, Dr. Deborah Price. The Florida Training Academy is a business that provides medical training to a variety of medical professionals. For example, they provide training (resulting in certifications) for Certified Nursing Assistant (CNA), Basic Life Support (BLS), Cardiovascular Pulmonary Resuscitation (CPR), Phlebotomy, and other medical related instructor-led training classes.

While working at FTA, I was able to be a part of the Certified Nursing Assistant (CNA) classes in hopes of obtaining my CNA license. I also attended the Basic Life Support (BLS) and Cardiovascular Pulmonary Resuscitation (CPR) classes in which I became certified. After becoming certified, I assisted in teaching the rest of Ms. Eunice's CPR and BLS classes. I learned a variety of valuable patient bedside manners through these classes. Along with this, I helped to create the Florida Training Academy's medical videos for their YouTube channel. I made a variety of videos such as 50 practice questions for the CNA exam, and CPR informational videos using AI. This taught me how technology can also intertwine to help with medicine. Furthermore, while shadowing Dr. Price I saw how she went through her debrief with her patients and how she came up with diagnoses. I also learned some important and interesting facts about the kidney I did not know before.

Participating in the AnnieRuth Foundation's summer internship program was detrimental in preparing me for my future success by expanding my knowledge not only on the medical field but professionalism. The yearlong seminars before the internship experience taught me the proper etiquette and professionalism that I would need to know and display in the real world. It prepared me beforehand so that I can succeed and do phenomenally well in the internship and my future career. The summer internship itself taught me how to use the skills I acquired in a real-life professional environment. It also allowed me to create relationships with professionals that will last a lifetime.