



I have wanted to be a doctor since I was very little, and this amazing internship opportunity only bolstered that. I currently aspire to be an orthopedic surgeon, which this internship program allowed me to get a taste of on top of two other fields of medicine. My first internship rotation was under Dr. Rizk, an orthopedic surgeon, who I shadowed around clinic, keeping track of his scribe iPad and retrieving injections and such for him. I completed the second rotation under Dr. Jones, a general surgeon, who I shadowed around clinic, writing notes on each of the patients' conditions, symptoms, and treatments. In my third rotation, however, I interned under the Baptist neurosurgery department and was enabled to sit in on multiple surgeries as well as help the research team and learn about some of the things they were doing there. In all of the rotations I acquired a wealth of information, as everyone was super accommodating and answered any and all questions in detail.

From each of the rotations, I was able to learn different things. In my first rotation with Dr. Rizk, I learned about private practices and how they worked. From both my time with Dr. Rizk and Dr. Jones I was able to see how important how the doctor interacts with patients is, both because you want patients to feel like they will be taken care of and because how someone views you impacts how well they receive information from you. Dr. Jones also taught me a great deal about how to approach college and medical school. My time with the Baptist neurosurgery departments probably exposed me to the medical field the most, though. Under Baptist I was exposed to research side of medicine, as they had me databasing patient information for a study correlating post-stroke treatment with demographics of patients. Additionally, the Baptist neurosurgeons allowed me to sit in on a few surgeries, exposing me to what operations look like and seeing if I would be able to handle the atmosphere.

What I learned from my time at all three places will definitely benefit me along the way. Being directly exposed to the field and the doctors, as well as receiving advice from them, gave me insight into how to approach both medicine and education. The internship itself wasn't the only thing that prepared me for success, though. The business seminars that the AnnieRuth Foundation provided helped me develop invaluable skills that would contribute to success in any field. Being able to speak more confidently and learning how to better present myself has helped me become a more rounded person in general as well, not just in the career setting. I cannot express my gratitude to the AnnieRuth Foundation enough.