

Lovey Frazier

During my intern experience, my aspiration was to become an Obstetrician/ Gynecologist. Since I aspire to be a medical professional, I was set up with 3 rotations under three different medical professionals for five weeks. For the first two weeks I was interning under Dr. Lee from Pareto Clinic (a private practice), one week after that Dr. McCloud from Ascension St. Vincent medical group, and for the last two weeks, Dr. Pope from the Duval County Florida Health Department.

During my time at Pareto clinic, I did the work of a clinical assistant as I called and scheduled patient for an appointment for either a diabetic eye exam, a pap spa event or/and a first appointment if they were new patients. I then, recorded data on how many I called, how may were scheduled and how many didn't answer but I left a voicemail. It was a very detail-oriented activity, so I did a get deal of writing down my data and talking with the people I was working with on the calls. As I called and scheduled I was able to become more proficient excel and was introduced to the site "Athena" in which I learned how to input patient cases and schedule the patient in for an appointment. At Ascension St. Vincent primary care clinic, I shadowed Dr. McCloud in which I learned that doctors must have great communication skills in order to give the patients what they need to be healthy and be outspoken when it comes to concerns about what is happening within their workspace to their supervisor. During my time with Dr. Pope at the Duval County health department I spent my time shadowing her, and at times a resident and a physician's assistant student. I learned that doctors must act like a detective in order to give the best care for their patient and how a doctor goes about caring for their patient (S.O.A.P: Subjective, Objective, Assessment, and Plan) which is a technique used to diagnose and treat patients. During appointments I watched the professionals I shadowed put the technique into action. Working with different professionals in the healthcare system was extremely helpful in discovering whether becoming a healthcare professional was right for me and gaining that experience did not negate the fact that I still want to go down the medical track, but it also strengthens my desire to learn and practice medicine.

Being able to be a participant of the AnnieRuth internship program not only gave me a wonderful internship experience but gave me tools to excel in the professional world. Through the virtual monthly seminars, I learned how to make a resume correctly, how to stand out in an interview, how to conduct myself in my place of work and so much more. I was even able to have a virtual session every Wednesday for the six weeks of my internship interacting with other participants while learning about the different specialties nurses and doctors could practice. Even after my time working with healthcare professionals, I trained and gained my BLS Certification. I benefited a great deal when I gave my time and effort to take part in the AnnieRuth Foundation' summer internship program.