



### **Jayda Ketter**

The best part about Joining the AnnieRuth Foundation was going on my journey to become a Dietician Nutritionist. Where I did my six weeks internship at Little Black Box Baked Goods. With the amazing Crystal Israel.

Three project's that Mrs.Crystal had let me do was making the cookie dough, weighting them, rolling them into balls, and putting them into freeze bags so they still can be fresh. The other project was helping her prep and prepare the fruit for the jams, stirring the pot and pouring the sugar into the pot and also canning the jars. The knowledge and skills that I learned was about order and structure and learning to clean as I go. And making sure before I buy something to look at the price. And making sure I give people a fair price on my baked goods and not overpricing them. The third and final project is to help her prep and prepare this big order. She has done 288 cases of two jams that comes to 144 each of blackberry jam and banana jam.

The AnnieRuth Foundation was very beneficial for me as an award-recipient. The mentor's and the interview do's and don't. An even with the team-building experience i still learn so much about being professional but also learned how to do things in a team and making sure that you and your team have a game plan on how to tackle that project or just life issues. With learning about different adult issues like budgeting and opening up a bank account and what all goes into that when you get a job you have to budget your with think you have to pay for a a regular basis.