



## Diya Bhaskar

I had a great time at my internship experience. I worked at Baptist at Downtown at Lyerly Neurosurgery. I also worked at Baker-Gilmour Cardiovascular Institute. I aspire to be a psychiatrist, so it was fun seeing how the brain and heart function. At Baptist, I shadowed many different people, but the person I spent the most time with is Ms. Liz Lear. She is a medical assistant at Baptist, and she guided me to different opportunities at the hospital. At Baker-Gilmour, I followed Ms. Katie DeGoursey. She is a physician assistant in cardiology, and I watched her see many patients. I also participated in a virtual internship experience hosted by the First Coast Black Nurses Association.

I witnessed many different things during my internship. At Baptist, I watched a brain tumor resection surgery in the operating room, participated in rounds, and learned about working in clinic. At Baker-Gilmour, I learned how to use a stethoscope, how to check blood pressure, and how to do notes. At the FCBNA meetings, I got to hear from a variety of healthcare professionals such as a psychiatrist. I loved hearing the psychiatrist talk as I aspire to work. As a part of the FCBNA meetings, I was assigned a project with my fellow interns about mental health. We presented the topic and how to maintain mental health. I had so much fun.

The AnnieRuth Foundation has benefitted me in ways I could not imagine. I never thought I would get hands-on medical experience at my young age. This experience strengthened my dreams of working in the medical field. Throughout the school year, I got to listen to many community leaders speak. I learned so many life lessons. Over the summer, I had an amazing internship experience. I hope many other high schoolers get to experience what I did. I am so grateful for the AnnieRuth Foundation and all that it has done for me.