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My career aspiration is to become a reconstructive surgeon. As a result of being a 2020 Summer Internship Program Award Recipient, I completed a virtual internship experience hosted by the First Coast Black Nurses Association.

During this virtual experience, I learned about various sub-careers within the field of nursing. Each week, a different medical professional would enter our space and share what life was like in their world. I absolutely loved learning about the various specialties within the nursing fields. Additionally, I was placed on a sub-group with the assignment of conducting research, developing a PowerPoint presentation, and presenting findings to the 'large group' on the topic of mental health disorders. This experience helped expose me to more options within the health field, along with

connections with those who are already in it.

Due to the COVID-19 pandemic, I was unable to complete my internship experience during the summer of 2020. So, in 2021 I was afforded an opportunity to earn my Basic Life Skills (BLS) certification. The training was facilitated by Eunice Mathis, CEO of the Florida Training Academy. It was nothing less than amazing, and it helped me establish a foundation in skills I will need and use in the healthcare field. As a result of the training, I now feel confident in my ability to provide basic life support to someone who is experiencing a medical crisis.

Participating in the AnnieRuth Foundation's summer internship program has helped me greatly. The guest speakers Ms. Dee and her team brought in to interact with us provided different insights on life and offered great advice that I still carry with me today. From reviewing and editing my resume, to participating in mock interviews, to establishing a LinkedIn account; the foundation has prepared me to properly handle situations that I have already seen in college; situations that I'm sure I will continue to encounter as I transition into the professional world. Thank you, Ms. Dee, and the AnnieRuth Foundation for providing me with a great experience.