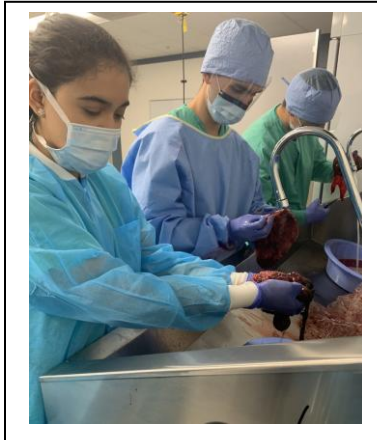


Dayanna Velez
Aspiring Neurosurgeon



My career aspiration is to become a Neurologist. This resulted in me having the opportunity to shadow medical professional associated with three different medical facilities. Mindful medicine taught me how to handle speaking to a patient and what kind of language I should use. I shadowed Matt and Rebecca and picked up on how to use medical equipment properly; including how to interact with the patient when performing tests. While at Baptist Hospital, I had the opportunity to shadow multiple medical professionals. I now understand how operating rooms are structured. I was also able to observe surgical procedures.

I learned about anatomy and physiology and now have a better understanding of the variety of strokes and associated symptoms. I was able to shadow professionals as they did 'morning rounds'. Here I was able to see firsthand how physicians test to see how the recovery was going and how messages are delivered to patients as well as their families. I got to see how the placenta is used from surgeons to practice on them. We got to wash it and see what it means to put contracts in it to show the veins and arteries.

At the Central Spine and Pain Center, I was able to shadow two employees. I got to see the process of managing pain through different procedures. Got to be involved in how patients' information and database is stored. As well as handle urine examples from the bathrooms and how they track when they get them from the patients and the exam that they should get based on their date of birth. This gives me an insight into the responsibility of keeping history, exam work and human waste in order and has the office running in smooth operation with everybody understanding their responsibility.

I am so thankful to have been selected as an AnnieRuth Foundation 2019 Summer Internship Program Award Recipient!